
Additional Information

The 10 “best” plants are:

Bamboo Palm (*Chamaedorea Seifirtzii*)
 Chinese Evergreen (*Aglaomena Modestum*)
 English Ivy (*Hedera Helix*)
 Gerbera Daisy (*Gerbera Jamesonii*)
 Janet Craig (*Dracaena “Janet Craig”*)
 Marginata (*Dracaena Marginata*)
 Mass Cane/Corn Plant (*Dracaena Massangeana*)
 Mother-in-Law’s Tongue or Snake Plant (*Sansevieria Laurentii*)
 Pot Mum (*Chrysanthemum morifolium*)
 Peace Lily (*Spathiphyllum “Mauna Loa”*)
 Warneckii (*Dracaena “Warneckii”*)

A NASA study showed that plants can help clean the air. The plants NASA suggest are:

Common Ivy (*Hedera helix*)
 Spider plant (*Chlorophytum comosum*)
 Golden pothos or Devil's ivy (*Scindapsus aures* or *Epipremnum aureum*)
 Peace lily (*Spathiphyllum 'Mauna Loa'*)
 Chinese evergreen (*Aglaonema modestum*)
 Bamboo palm or reed palm (*Chamaedorea sefritzii*)
 Snake plant or mother-in-law's tongue (*Sansevieria trifasciata 'Laurentii'*)
 Heartleaf philodendron (*Philodendron oxycardium*, syn. *Philodendron cordatum*)
 Selloum philodendron (*Philodendron bipinnatifidum*, syn. *Philodendron selloum*)
 Elephant ear philodendron (*Philodendron domesticum*)
 Red-edged dracaena (*Dracaena marginata*)
 Cornstalk dracaena (*Dracaena fragans 'Massangeana'*)
 Janet Craig dracaena (*Dracaena deremensis 'Janet Craig'*)
 Warneck dracaena (*Dracaena deremensis 'Warneckii'*)
 Weeping Fig (*Ficus benjamina*)
 Gerbera Daisy or Barberton daisy (*Gerbera jamesonii*)
 Pot Mum or Florist's Chrysanthemum (*Chrysanthemum morifolium*)
 Rubber Plant (*Ficus elastica*)
 The “Green Living” Newsletter suggests:

Research has shown that these 10 plants are the most effective all-around in counteracting off gassed chemicals and contributing to balanced internal humidity.

Areca palm
 Reed palm
 Dwarf date palm
 Boston fern
 Janet Craig dracaena
 English ivy
 Australian sword fern
 Peace Lily
 Rubber plant
 Weeping fig