

# What your child is capable of

## from birth to 18 months

age	movement	language	activity	Montessori materials
<b>birth - 2 months</b>	<ul style="list-style-type: none"> <li>- reflexive grasp</li> <li>- reflexive leg movements</li> <li>- train focusing the eyes</li> </ul>	<ul style="list-style-type: none"> <li>- attracted to the voice of the parents</li> <li>- cries are communication</li> <li>- absorb language phonemes</li> </ul>	<ul style="list-style-type: none"> <li>- enjoy free movement on the back or tummy</li> <li>- watch and follow slowly moving mobiles with dramatic color contrast</li> <li>- categorise different parts of the environment</li> </ul>	<ul style="list-style-type: none"> <li>- movement mat</li> <li>- mirror</li> <li>- Munari mobile</li> <li>- tiny rattle</li> <li>- defined zones of the home</li> </ul>
<b>2 - 4 months</b>	<ul style="list-style-type: none"> <li>- hold objects for a short time</li> <li>- hold head</li> <li>- push up</li> <li>- rolling tummy to back</li> <li>- slither slowly</li> </ul>	<ul style="list-style-type: none"> <li>- babbling vowels</li> <li>- fascinated by watching the mouth of the person speaking to them</li> <li>- social smiles</li> <li>- mimic the phonemes they hear</li> </ul>	<ul style="list-style-type: none"> <li>- interested in observing the world around them</li> <li>- can distinguish differences gradation of colour</li> </ul>	<ul style="list-style-type: none"> <li>- shelf</li> <li>- few toys on shelf for motivation</li> <li>- nursing pillow for support</li> <li>- Gobbi and Octahedron mobiles</li> <li>- interlocking discs</li> </ul>
<b>4 - 6 months</b>	<ul style="list-style-type: none"> <li>- batting mobiles</li> <li>- bring objects to mouth</li> <li>- roll from tummy to back</li> </ul>	<ul style="list-style-type: none"> <li>- repeats all universal vowel sounds</li> </ul>	<ul style="list-style-type: none"> <li>- enjoy people singing and reading to them</li> <li>- grasping materials</li> <li>- interested in the items on the shelf</li> <li>- drink water from a cup</li> </ul>	<ul style="list-style-type: none"> <li>- books</li> <li>- teething ball</li> <li>- tiny cup</li> <li>- kicking ball</li> <li>- bell on a ribbon mobile</li> </ul>
<b>6 - 8 months</b>	<ul style="list-style-type: none"> <li>- raking grasp to pick things up</li> <li>- unintentional release</li> <li>- catch themselves</li> <li>- sitting with support</li> </ul>	<ul style="list-style-type: none"> <li>- use many vowel - consonant combinations</li> <li>- sensitive period for absorbing and repeating phonemes</li> </ul>	<ul style="list-style-type: none"> <li>- can start to self feed and sit at weaning table</li> <li>- start teething</li> <li>- enjoy things that roll</li> </ul>	<ul style="list-style-type: none"> <li>- dish and spoon/fork</li> <li>- object permanence box 1</li> <li>- basket of balls</li> <li>- ring on a ribbon mobile</li> <li>- ring on a peg</li> </ul>
<b>8 - 10 months</b>	<ul style="list-style-type: none"> <li>- grasp with 3 fingers and thumb</li> <li>- pass from hand to hand</li> <li>- sit independently</li> <li>- cruise around holding onto furniture</li> </ul>	<ul style="list-style-type: none"> <li>- purposeful babbling (resembles talking)</li> </ul>	<ul style="list-style-type: none"> <li>- pull up on everything</li> <li>- like to climb stairs</li> <li>- enjoy object permanence materials</li> </ul>	<ul style="list-style-type: none"> <li>- pull up bar</li> <li>- Pikler triangle</li> <li>- object permanence boxes 2-3</li> <li>- wooden egg in a cup</li> </ul>
<b>10 - 12 months</b>	<ul style="list-style-type: none"> <li>- grasp with two fingers and thumb</li> <li>- intentional release</li> <li>- walk holding one hand</li> <li>- pointing</li> </ul>	<ul style="list-style-type: none"> <li>- their sounds have meaning</li> <li>- understand verbal cues</li> </ul>	<ul style="list-style-type: none"> <li>- push things around to get places</li> <li>- enjoy tracking moving objects</li> <li>- fascinated by things that open and close</li> </ul>	<ul style="list-style-type: none"> <li>- simple opening and closing</li> <li>- peg box 1</li> <li>- walker wagon</li> <li>- ball tracker</li> <li>- rings on a rocking base</li> </ul>
<b>12 - 14 months</b>	<ul style="list-style-type: none"> <li>- grasp with finger and thumb</li> <li>- walk independently</li> <li>- walk while holding something</li> </ul>	<ul style="list-style-type: none"> <li>- first intentional word spoken</li> <li>- ask for names of objects</li> <li>- can comprehend brief and familiar conversations</li> </ul>	<ul style="list-style-type: none"> <li>- help with dressing</li> <li>- enjoy pegging materials</li> <li>- simple practical life activities</li> </ul>	<ul style="list-style-type: none"> <li>- first puzzle</li> <li>- basket of rings on a peg</li> <li>- water plants</li> <li>- wiping the table</li> <li>- toddler wardrobe</li> </ul>
<b>14 - 16 months</b>	<ul style="list-style-type: none"> <li>- challenge the use of the hand</li> <li>- pouring</li> <li>- sensitive period for water begins</li> </ul>	<ul style="list-style-type: none"> <li>- 1 word conveys a whole sentence</li> <li>- Can use nouns, verbs, or adjectives in 1-2 word groupings</li> <li>- only one verb tense</li> </ul>	<ul style="list-style-type: none"> <li>- open containers with keys</li> <li>- enjoy posting toys</li> <li>- walk up and down stairs</li> <li>- brush hair, teeth, wipe nose</li> </ul>	<ul style="list-style-type: none"> <li>- coin box</li> <li>- self care area</li> <li>- pitcher and low water source</li> <li>- categorised language objects</li> <li>- wiping the table</li> </ul>
<b>16 - 18 months</b>	<ul style="list-style-type: none"> <li>- repeat to master gross motor skills:</li> <li>- climbing, running, jumping, riding, dangling, pushing and pulling, and sliding</li> </ul>	<ul style="list-style-type: none"> <li>- explosion into language</li> <li>- rapid increase in vocabulary</li> <li>- express their needs and you can understand them</li> </ul>	<ul style="list-style-type: none"> <li>- match objects to their pictures</li> <li>- work at a low table and chair</li> <li>- dress with minimal assistance</li> <li>- crave independence</li> </ul>	<ul style="list-style-type: none"> <li>- sorting objects</li> <li>- opening and closing containers</li> <li>- mop up spills</li> <li>- peel and cut a banana</li> <li>- wash hands</li> </ul>

